

DOG EARED JOURNAL

Editor Needs YOU

This newsletter is for the members of the HRKC, and we'd like to include YOUR news, brags, events and pup pictures (pups of all ages!). Please send your stuff to Marie at hrkcnews@yahoo.com.

Web Pages

These pages present the club to the wider world, and serve members in various ways. In the coming months, the pages will take on a new look and structure. Please - I need your help here too! Send ideas, requests, comments and content to hrkcnews@yahoo.com.

HRKC Officers

President: Susan Parr

VP: Chris Cornell

Secretary: Deborah Dowd

Treasurer: Jo Chinn



Party Time!

Hurricane Ridge Kennel Club's Annual Holiday Gathering

Dec 20, 2017

Set-Up: 5PM

Dinner begins 6 PM

Pioneer Park, Sequim at the Prairie Garden Club building.

Howard and Lorraine will make the turkey; members should bring sides and desserts. Club provides coffee and

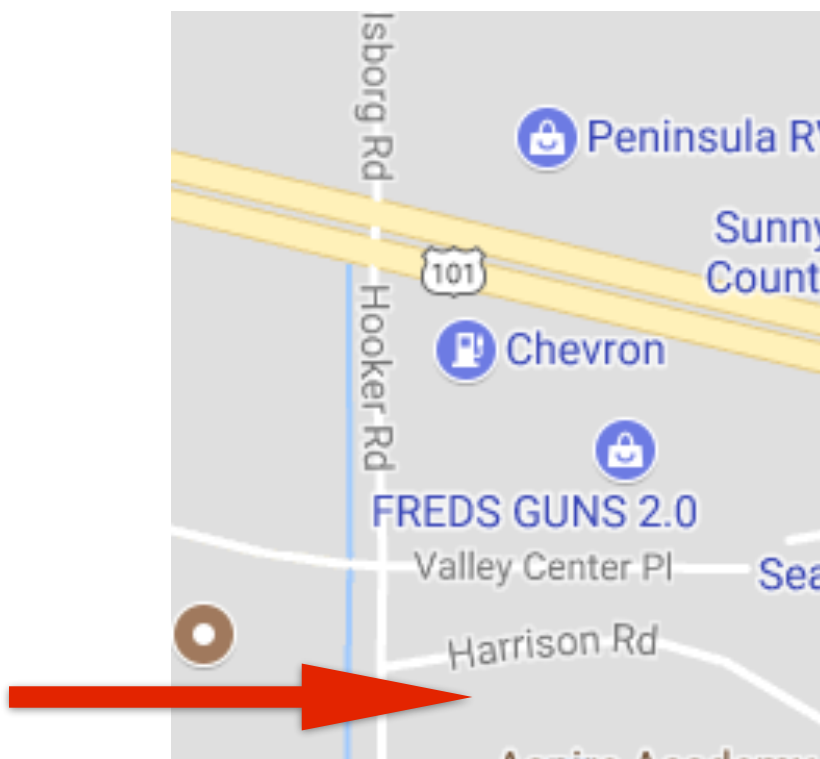
cold beverages. Members wishing to participate in the wild and crazy gift exchange should bring a wrapped gift. In the past we have set the value at \$10, but some gifts have cost less; some more. Gifts need not be dog themed. Members are allowed to either pick a gift or “steal” someone’s gift. Each gift can be stolen only twice and this yearly tradition really gets the party going! Lorraine will sent more info about the party. And check at HRKC.org for updates! (Your Editor will be out of town for December, but will do her darnedest to keep this posted & updated!) The party will be fun - it always is! - and don’t forget: the club will select new board members at that meeting!! The candidates are: President: Susan Parr; Vice President: Chris Cornell; Treasurer: Jo Chinn; Secretary: Lorraine Shore; Board Members: Anne Andritsch, Joe Larson, Mariko Saum.

NEW MEETING LOCATION!!

Beginning in January the club will meet at Pathways Dog Training (also known as the Canine Co-op) off Hooker Road in Carlsborg. The address, and driving directions, will be also on the website. **Members should bring chairs.**

Address: 3 Valley Center Place

Directions: Turn South onto Hooker Road from Highway 101. Watch for a small/tiny building on the left (We Do Fudge) and enter just past that building. The Canine Co-op shares the Valley Center complex with Hair Tricks and Country Care Vet & Acupuncture clinic. The Co-op is in the eastern-most end of the first building. Please leave the two parking spaces directly in front of the vet clinic free for emergency care.



Emergency Preparedness

After the fabulous presentation in October's meeting by the Clallam County Emergency Management folks (and thanks again to Lorraine and Jayme), the website added some of their tips to the HRKC website itself. There you will find, among other things, a printable Emergency Contact folder that lists what should be on hand in your pet's go-bag. Use it as a checklist to assemble your go-bag, keep copies of important paperwork inside it and then store it in or near the go-bags. Be prepared!!



BRAGS!!

Flyway Farms Down in the Valley TKN finished her championship at the Monroe show with three 5 point majors and 17 points. She capped off the weekend with a Best of Breed win over 7 specials and earning a 5 point major for her grand championship.



GCH Rainshadow Rollin' on the River "Flo" CDX TD RA BN SH JHU WCX earned two legs of her Graduate Open obedience title. She actually earned three legs, but her silly teammate only earned two, goofing and sending Flo to the wrong jump.

Fishy Dogs?

Fish Oil supplements for Dogs¹

The benefits of fish oil for humans have been making nutrition news for the last several years. Over the years, as our diets moved away from natural foods and more toward processed foods, we lost the range of benefits we receive from omega-3 fatty acids. And although we need omega-6 fatty acids, our modern diet often has too many. The body needs both in balance, and the same is true for dogs. This is why including fish oil as a part of [your dog's nutritional routine](#) is a great health benefit.

What Are These Omegas Found in Fish Oil?

There are three types of dietary fats: saturated fats, monounsaturated fats, and polyunsaturated fats (PUFA). Omega fatty acids are found in PUFA, and they manufacture important hormones that are not naturally found in the body. Your dog

¹ <http://www.akc.org/content/health/articles/fish-oil-for-dogs/> consulted November 27, 2017

needs polyunsaturated fats (PUFA), omega-3 and omega-6, in his diet for a variety of reasons:

- The hormones in omega-6 increase inflammation and the immune response, blood clotting, and cell growth
- Omega-3 balances the properties of omega-6 and acts as an anti-inflammatory in conditions like allergies, arthritis, and other inflammatory diseases
- Omega-3 also improves skin and coat health, joint health, and energy
- Omega-3 aids in cognitive development in puppies and may improve cognitive function in older dogs

Omega-3 is found primarily in cold-water fish, shellfish, plant and nut oils, and flaxseed. Omega-6, however, is common in processed foods and most grains. In many dog foods, the meat products come from corn-fed animals, and a variety of grains are used as fillers. Instead of natural oils from nuts, many dog food manufacturers use refined oils, like soybean oil, which are all high in omega-6. Your dog ends up with too much omega-6 and not nearly enough omega-3 fatty acids.

Why Should I Give My Dog Fish Oil?

If the food you give your dog is high in grains, meat from non-grass-fed animals, and vegetable oils, fish oil is a good way to get him those omega-3 fatty acids his body needs. Depending on his general health and any change in his diet, fish oil supplements may become part of a long-term plan or may just be a temporary boost to his diet. As with anything affecting your dog's health, talk to your veterinarian about supplementing your dog's diet with fish oils.

How Do I Choose a Good Fish Oil for My Dog?

There are three types of fish oil on the market:

- Natural triglyceride oil, which is the most natural and easiest to absorb. However, because it isn't purified, it may contain contaminants, like PCBs.
- Ethyl ester oil is concentrated and distilled, which removes impurities. Think of it as semi-natural with high levels of the important components of omega-3, docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA).
- Synthetic triglyceride oil, which as the name says, is synthetic and absorbs the least easily of the three.

Over the long term, fish oil as a supplement to a grain-based diet will deplete vitamin E, so you may have to supplement that, as well.

Care and Storage of Fish Oil

Protect fish oil from heat, light, and air. Buy it in dark bottles and store in the refrigerator. Fish oils can become rancid since it's susceptible to oxidation. If it has an "off" odor, throw it away. Rather than following dosage guidelines on the package, ask your vet how much fish oil is appropriate for your dog.

It's difficult to feed your dog the completely natural diet his ancestors ate, and with so many grains and other processed ingredients in some of today's dog food, fish oil may be just the supplement his diet needs. Buy only top-quality products and be sure to ask your vet for advice before starting your dog on supplements.

Approved

THE HURRICANE RIDGE KENNEL CLUB General Meeting Minutes October 18, 2017

The Hurricane Ridge Kennel Club general meeting was called to order at 7:00 p.m. on October 18, 2017 at the Prairie Grange Hall in Sequim, WA. Officers present: Susan Parr, President, Chris Cornell, Vice-President, and MaryJo (J0) Chinn, Treasurer. Directors present: Anne Andritsch, Joe Larson.

Roll Call: Not available

Guest: Jamye Wisecup, Clallam County Emergency Management

Program: Jamye Wisecup and Lorraine Shore presented information on Emergency Planning for Pets. Jamye brought the Emergency Preparedness Guide along with materials from FEMA and a handout from the Local Animal Rescue & Recovery Governance (LARRG) Community Animal Response & Recovery Teams.

Jamye provided an overview of the Clallam County Emergency Plan with a map showing the 5 Command Areas and the locations of the 163 bridges in Clallam County that may be damaged in the event of a major disaster such as Earthquake, Tsunami or Wildfire.

Everyone was encouraged to have a Disaster Plan for their family and pets which include:

- Go Bags
- Preparing to Evacuate
- Preparing to Shelter at Home
- Plans for After the Disaster

Some good tips provided were to have your pet microchipped as well as a photo of you and your pet together in the event it is needed to prove ownership. Copies of your AKC Registration paperwork with Microchip number should be kept in your Go Bag which also helps to provide proof of ownership.

Emergency supply list for pets

Have everything ready to go. Store supplies in sturdy easy-to-carry containers. Include:

- Medications and medical records stored in a waterproof container, and a first-aid kit.
- Sturdy leashes and harnesses. A secure carrier large enough for your pet to stand comfortably turn around and lie down. Add blankets or towels for bedding.
- Photos to help identify lost pets and prove ownership.
- Food and water for at least seven days for each pet.
- Bowls, cat litter, litter box and a manual can opener.
- Information on feeding schedules, medical conditions, behavior problems, and the name and number of your veterinarian.
- Pet beds and toys, if easy to bring.
- Newspapers, paper towels, plastic trash bags, grooming items and household bleach.

The Clallam County Sheriff's Office Emergency Management Division offers a Map Your Neighborhood Training that is designed to teach residents how to prepare themselves in the event of a disaster. Anyone wishing to schedule a meeting for their neighborhood should call Jamye Wisecup at: 360-417-2525 or email: jwisecup@co.clallam.wa.us

There are additional materials for club members who were unable to attend the meeting which will be made available at the November meeting.

Links to Clallam County Sheriff's Office Emergency Management Division: <http://www.clallam.net/EmergencyManagement/>

Link to AKC Re-unite Pet Emergency Guide: <http://www.akcreunite.org/wp-content/uploads/2013/08/AKC-Reunite-Pet-Emergency-Guide.pdf>

Hope Williams donated two pet first aid kits, which were distributed to two members who won a number-drawing lottery.

Approval of Minutes: The minutes from the September 20, 2017 General Membership Meeting were approved and can now be posted on the Club's website.

President's Report: None.

Secretary's Report: Secretary was absent.

Treasurer's Report: Mary Jo (Jo) Chinn gave an account-current report.

Old Business: Suggestions were taken from members for organizations to receive donations from HRKC. Each year, the Hurricane Ridge Kennel Club donates a large portion

of their proceeds from the shows held that year to organizations devoted to improving the lives of animals. The following were suggestions for members to vote on at the November 2017 meeting:

National Animal Interest Alliance
Welfare Animal Guild
Old Dog Haven
Cancer Research

2017 Annual Meeting/Christmas Party: Jo Chinn submitted the deposit for the Sequim Prairie Garden Club to reserve the building for our meeting which will be held **Wednesday, December 20th** at the clubhouse at Pioneer Memorial Park, 387 E. Washington Street, Sequim.

Lorraine Shore is organizing the party and will send out additional information in November. This will be a potluck with Howard and Lorraine making the Turkey and club members providing additional main, side and dessert dishes.

There will be a gift exchange and members wishing to participate need to bring a gift to put under the tree. Members are allowed to either pick a gift or “steal” someone’s gift. Each gift can be stolen only twice and this yearly tradition really gets the party going!

New Business: Due to the change in policy by the Sequim Prairie Grange no longer allowing animals in the building, the Hurricane Ridge Kennel Club meetings beginning in January 2018 will be held at the Canine Co-op, 53 Valley Center Place, Sequim, WA. The meetings will still be held the third Wednesday of the month and members are encouraged to bring a chair as the chairs are limited at this location.

The meeting adjourned at 8:30 p.m.

Respectfully submitted,

Lorraine Shore, Acting Secretary for
Deborah Dowd