

DOG EARED JOURNAL



Thanks to Our Guest Speakers

Lorraine Shore, HRKC Membership Chair, and her colleague gave a presentation on what measures can be taken now and how to plan for your pets in an emergency situation, such as earthquake, flood or personal crisis.

Check out the HRKC's website (www.hrkc.org) for permanent files and info on go bags, hints and links to EMOs around the region!

Board Elections: December 2017

In December, the Club will elect the Board Members and Officers for 2018. The Club currently needs a President and a Secretary or a Secretary and One Board member. Terms are for one year, starting January 2018.

The three members of the Nominating Committee are Deborah Dowd, Linda Campos, and Sherry Kimbrough. If you would like to serve in one of these positions, feel free to contact any one of the committee or any current member of the Board.

Editor Needs YOU

This newsletter is for the members of the HRKC, and we'd like to include YOUR news, brags, events and pup pictures (pups of all ages!). Please send your stuff to Marie at hrkcnews@yahoo.com.

Web Pages

These pages present the club to the wider world, and serve members in various ways. In the coming months, the pages will take on a new look and structure. Please - I need your help here too! Send ideas, requests, comments and content to hrkcnews@yahoo.com.

HRKC Officers

President: Susan Parr

VP: Chris Cornell

Secretary: Deborah Dowd

Treasurer: Jo Chinn

Happy Holidays



Holiday Party!



The club's annual holiday gathering has been set! We will gather on December 21, 2017, in the Garden Cub House of Pioneer Park in downtown Sequim.



As usual, it's a potluck - and there will be the joy of the gift exchange! So mark the date, plan your contribution and join the fun!



New Collections!

Check out the [HRKC website](#) for new pictures!
Get YOUR dog shown on the website!

[Submit](#) photos, brags and/or bitches (of either type) for inclusion!

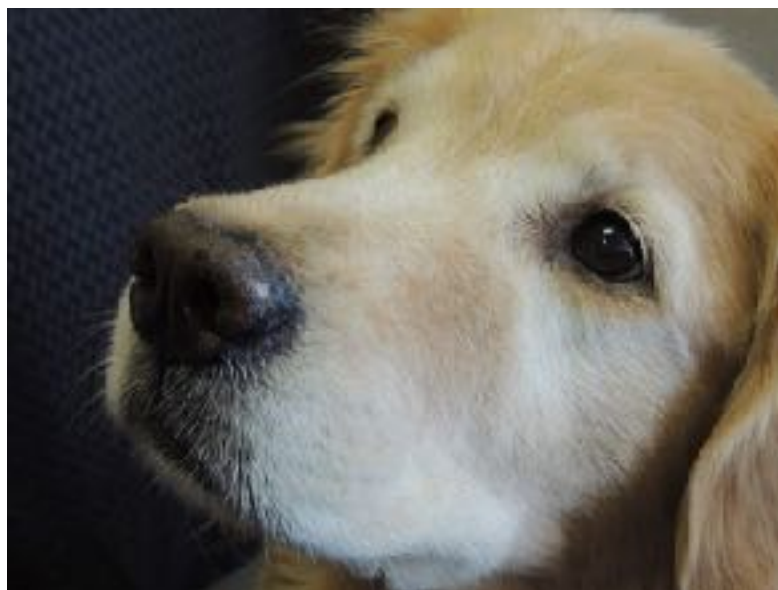
From Carolyn Money:

Ch Duckabush Nose for News, AKA "Hunter"

AKC: CD, BN, RA, TKA.... P2D: FDN, FDNX, FDV, FDNT, CDN 3, CDN 2P.....

WCFO: MF- (WFDM, SSFDX, HDFDX) HTM- (WFDM, SSFDX, HDFDX)

12/16/03 to 10/15/17



Hunter came to our family in April of 2009, at 5 1/2 years of age, a gift from the Menshew family, soon after we lost our sweet Promise, . We had 8 wonderful years with this lovely Golden Boy and he has taken a big chunk of our hearts with him. Over the years he was in our family we had many fun adventures and met many wonderful people together... Hunter was our personal therapy dog as he helped Jim recover from a stroke and helped me deal with the loss of my wonderful dance partner, Promise... He was also a member of the Olympic Paws Therapy team and was enjoying Nosework. I will have to say that of our 5 Goldens we have owned, Hunter was the sweetest, most gentle, and loving of them all... He was always at our side, loving to go with us and do whatever was asked of him.... He even put up with helping raise a pesky puppy, Keeper... You will always be in our hearts sweet Hunter.... RIP till we meet at the Bridge!

From AKC.org

4 Popular Dog Supplements & What They're Used For

Jan Reisen | May 04, 2017

In this country, it's likely that about one-third of dogs are given some sort of dietary supplement for everything ranging from [arthritis](#) and joint stiffness to heart health, digestion, and coat care. Although there hasn't been enough research into the efficacy of these dog supplements to say definitively that they work, there is some encouraging evidence to support their use.

Here is a list of some of the most popular dog supplements and what they're used for:

Glucosamine

The most [popular supplement for dogs is glucosamine](#). Glucosamine is an amino sugar that is found naturally in the fluid around the joints to help build cartilage. Glucosamine is taken from the shells of shellfish and can also be made in the laboratory. Many dog owners and veterinarians believe that glucosamine is effective in treating arthritis in dogs. For older dogs, it may relieve joint pain and improve mobility. Some studies have shown little to no effect. However, a 2007 study in "The Veterinary Journal" showed that a glucosamine supplement reduced pain and increased mobility after 70 days of treatment.

Available in many forms, including pills, powders, and as treats, glucosamine supplements are usually formulated with chondroitin sulfate, which occurs naturally in the connective tissues of bone and cartilage.

Fish Oil

The second most common supplement given to dogs is fish oil. Fish oil contains omega-3 fatty acids that are thought to improve coat quality and shine and alleviate skin allergies. There has been some research into whether fish oils are useful in treating arthritis, heart health, and joint health, but results are mixed. A study in the "American Journal of Veterinary Research" suggests that fish oils also reduce inflammation, and many pet owners use it for this purpose.

Antioxidants

Antioxidant supplements are thought to counteract some of the effects of aging, such as memory loss and cognitive dysfunction. They're also used as a treatment for heart disease in dogs and to reduce inflammation. Found in substances like vitamins C and

E, antioxidants protect the body from free radicals, potentially harmful molecules that can damage cell membranes and even cause cell death. Coenzyme Q10 is [another natural and powerful antioxidant](#) that helps convert food into energy, as well as fighting free radicals. It's commonly used as an antioxidant supplement for dogs.

Probiotics

Given an increase in the use of probiotics in humans, it's not surprising that [probiotics have also become popular as supplements for dogs](#). Probiotics live naturally in the body in the form of yeasts and live bacteria that aid with digestion and intestinal health. As supplements, they're used to treat diarrhea and other digestive problems. Probiotics come in several forms, including some yogurts, capsules, chews, powders, and in some dog food formulations.

Before you jump on the supplement bandwagon, there are a few important caveats:

- Always consult your vet before giving your dog supplements. Your dog may have an underlying condition that needs medical attention. And if your dog is taking medication, supplements, even herbal ones, can have a harmful effect.
- Don't fall for claims that sound too good to be true. Supplements will not cure cancer, [parvo](#), or other serious diseases.
- Buy a reputable brand from a respected company, preferably one that specializes in supplements, has conducted clinical studies, and/or has earned certification from an independent organization.
- Don't assume that human supplements are good for dogs. Some, like those [containing garlic](#), can be harmful.

Whether herbal or lab-formulated, there is some evidence to suggest that supplements can be helpful. There has been little-to-no research on long-term effects, but some studies and anecdotal evidence have shown successful results, whether in the form of a shinier coat, peppier step, better digestion, or improved cognitive function. And isn't that what we all want for our canine best friends?
